

# MYTRAY (INTERACTIVE MENUS)

# MyNutriKids.com

our family friendly system for online prepayments and nutrition education



**MyTray** helps food service departments promote and communicate menu plans to the school community. It also allows families to plan school meals online using the school's actual menu items. Transform your cafeteria into an entertaining, hands-on nutrition education classroom that empowers children to make healthier eating choices.

## FEATURES

### OVERVIEW

- Allows students and parents to plan school meals in advance
- View meal/food item offerings
- Use planned menus from NUTRIKIDS® Menu Planning
- Uses the Nutrition Fact Label and USDA's MyPlate to provide nutritional data about item selections

## BENEFITS

### FOR THE FAMILIES

- Offers parents the opportunity to discuss good dietary habits with their children in a comfortable and entertaining setting
- Builds nutrition knowledge and gives children a friendly format for using the Nutrition Facts Label and the USDA's MyPlate

### FOR THE DISTRICTS

- Increases visibility to nutritious meal options offered by the district
- Helps meet the education requirements of their wellness policy
- Gain legitimacy and credibility for your Food Service Department



ITEM SELECTION SCREEN



MYPLATE TRAY RATING



MYPLATE TRAY RATING: WEEK VIEW



You've Gotta Eat... Make it Good!

Visit [www.Nutrikids.com](http://www.Nutrikids.com) or call 1.800.724.9853 for more information.